

George H. Moody Middle School - Health & Physical Education 2011 – 2012



Welcome to the 2011 – 2012 school year. The Health & Physical Education Department is committed to helping our students develop a healthy mind and body. This letter serves to assist our students to have the most successful year possible in health and physical education. In order for your son/daughter to have a positive experience in physical education, we are asking that you review the following rules and guidelines with your child.

RULES AND REGULATIONS

1. Each student is expected to wear a Henrico County uniform, rent a school issued lock, pay a PE fee. The prices are:
Gym Shirt **\$3.00** ~ Gym Shorts **\$6.00** ~ Lock Rental **\$1.00** ~ PE Fee **\$4.00** ~ TOTAL **\$14.00**
The rented lock will remain in the locker room on your child's locker and will be returned at the end of the school year. Should the lock your child rents become "lost" he/she will assume responsibility and will need to pay for a replacement lock at the cost of \$6. Your child's name (first initial and last name) should be on each part of the uniform in the appropriate place (NO OTHER MARKS ARE ALLOWED ON THE UNIFORM). Each student is also required to wear tennis shoes and athletic socks.
2. Loaner Uniforms: If you do not have your PE Uniform, you will be issued a loaner uniform. After a student receives their 3rd loaner, the next class period they are loaned a uniform, the following disciplinary actions will begin:
1ST – 3RD OFFENSE: STUDENT WILL WEAR A LOANER UNIFORM WITHOUT PENALTY
4TH OFFENSE: STUDENT WILL WEAR A LOANER & PARENTS WILL BE CONTACTED
5TH OFFENSE: STUDENT WILL WEAR A LOANER & A DETENTION WILL BE ISSUED (& PARENT CONTACT)
6TH OFFENSE: STUDENT WILL WEAR A LOANER & RECEIVE AN ADMINISTRATIVE REFERRAL (& PARENT CONTACT)
If a student's uniform is misplaced or lost, the student must arrange to replace the uniform within 2 class periods. If a student refuses to wear the loaner uniform, an administrative referral will be given.
3. ALL jewelry should be removed during PE class. Regular school clothing should not be worn under the PE uniform. Sweatpants, sweatshirts, hoodies, & coats may not be worn in the gym over the PE uniform. These items are allowed to be worn outside when the weather turns cool. Teachers will notify students when this is necessary.
4. When classes participate outside, students are allowed to bring water bottles for their personal use (not to share).
5. PE Uniforms are to be taken home each week for laundering, unless otherwise directed by the instructor.
6. All valuables must be locked up during PE. Students should not share their lockers, combinations or uniforms. STUDENTS MUST ASSUME RESPONSIBILITY FOR LOCKING UP THEIR BELONGINGS. Locker Room Rules must be followed.
7. A student will only be excused from physical activity and dressing out with a note from a doctor. If this occurs, the student will be given an alternate assignment and will receive credit for this assignment. In the event your child is not feeling well, a note from you will help us modify the activity for the day, but the student must still dress out.
8. Appropriate behavior is expected at all times to ensure the safety of all students. The policies of the student code of conduct will be followed.

GRADING Each student may earn a total of twenty points daily in physical education for a unit grade. The health grade will be determined through participation, journals, tests, reports, projects, quizzes, worksheets, notebook checks and homework assignments. Physical Education grades are valued at 60% and Health grades are valued at 40% of the 9 weeks grade.

MAKE UP POLICY If a student is absent during PE, he/she is to complete 1 hour of physical activity, record the time and type of activity on a PE MAKEUP FORM (located on HCPSLink and on the locker room doors), have a parent sign it and turn it in to their PE teacher. The absence that needs to be made up, will be marked "ab" on HCPSLink. Students are allowed 2 class blocks to make up any work missed for an absence. If a student is absent during Health, he/she will need to see the teacher for make up work.

We appreciate your assistance in reminding and encouraging your child to assume the responsibility for being properly prepared for class. We look forward to having your child in class. Teachers may be contacted by phone (261-5015) and/or through email. HCPSLink is also a good tool to use to see what assignments your child has and what grade he/she may currently have. Please do not hesitate to contact us if you have any questions.

Sincerely,
Ginger Long, Department Chair - glong@henrico.k12.va.us
Lori Tuskey, Athletic Director/Admin Aide - ltuskey@henrico.k12.va.us
Clay Wilson, Athletic Director/Admin Aide - cdwilson@henrico.k12.va.us
Ronnie Mejia - rmejia@henrico.k12.va.us
Cara Powell Derricott - cjpowell@henrico.k12.va.us
Jared Shope - jeshope@henrico.k12.va.us
Luke Snyder - ldsnyder@henrico.k12.va.us

Parent Signature

Student Signature

Date

**RETURN THIS SIGNED LETTER TO YOUR CHILD'S PE TEACHER
A COPY OF THIS LETTER IS ON THE MOODY WEBPAGE & HCPSLink!**