

Online Health and Physical Education Courses

2012

"OPEN HOUSE"

Wednesday, February 1st

Godwin HS
Auditorium
7:00-8:00p.m.

or

Thursday, February 2nd

Henrico HS
Auditorium
7:00-8:00p.m.

Courses:

- **Health and Physical Education 9 (course 7300)**
Prerequisite(s): completion of, or currently completing 8th grade Health and PE; students must be 14+ years of age
- **Health and Physical Education 10 (course 7400)**
Prerequisite(s): completion of, or currently completing, course 7300

*Courses are offered to Henrico County residents in grades 8-12, including students at Maggie Walker Governor's School.

Forms:

Forms will be available Feb 2nd on the Summer Online Health & Physical Education page:
<https://sites.google.com/a/henrico.k12.va.us/online-health-and-pe/home>

Registration & Payment:

March 26-April 6
Register at attending school counseling offices

Course Dates:

May 29 – August 1
(Three mandatory meetings: *May 29, June 25-28, August 1*; twice-monthly meetings with instructor for heart monitor downloads)

Cost:

\$300.00 Henrico Resident Tuition

For more information contact:

Benita Turner, Educational Specialist for Health, Physical Education and Driver Education:
mbturner@henrico.k12.va.us (804) 652-3741

Tom Nadeau, Online Health & Physical Education Coordinator:
trnadeau@henrico.k12.va.us (804) 501-3300

Earn your required high school Health and Physical Education credit while exercising at a local fitness center, wearing a heart rate monitor, and improving your health!



Henrico County Public Schools